Examining the Relationship between Positive Perfectionism and Burnout: Testing Proactive Coping as a Mediator

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Abstract— Aims: The purpose of this study was to examine the relationships among positive perfectionism, proactive coping, and burnout in a sample of nurses. Specifically, proactive coping was examined as mediators in one hypothesized model. We expect that higher levels of positive perfectionism and proactive coping will be related to lower level of burnout. Additionally, we examined mediating effects of proactive coping to clarify the role of coping style in relation to positive perfectionism and burnout. This research represents efforts to integrate knowledge in both psychology and nursing disciplines and provide important implications for managers in a healthcare organization.

Keywords— perfectionism proactive coping burnout nurses.

Remark: The full paper may be found in www.inrit2011.com or www.ijcim.th.org.